

Draft version - not for general release

KS1 RSHE Curriculum Sections Overview			
Relationships			Living in the Wider World
Family	Friends	Intimate (KS3+ Only)	Community
<p>What makes a family?</p> <p>Fa1) Who's in my family? Fa2) Do Families always stay the same? Fa3) How should families treat each other? Fa4) When should I say no? Fa5) Who owns my body? I do! Fa6) Are all families the same?</p>	<p>Keeping friendships healthy</p> <p>Fr1) Who is my friend? Fr2) What makes a good friend? Fr3) Should friends tell us what to do? Fr4) How do we stop bullying?</p>	/	<p>Our Communities</p> <p>C1) How do we make a happy school? C2) Who lives in my neighbourhood? C3) What makes a boy or a girl?</p> <p>Online Safety</p> <p>Os1) Screen time [L1] Os2) Personal information [S1] Os3) Online strangers [P1] Os4) Fake News [N1]</p> <p><i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>

Health and Wellbeing		
Mental Wellbeing	Physical Health	Growing up
<p>Understanding my feelings</p> <p>M1) Where do feelings come from? M2) Who am I? M3) What helps me to be happy?</p>	<p>Staying healthy</p> <p>P1) How do I help my body stay healthy? P2) How do I decide what to eat? P3) How do we stop getting ill? P4) How can I stay safe?</p>	<p>Growing</p> <p>G1) How bodies change as we get older (link with science)</p>

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LKS2 RSHE Curriculum Sections Overview			Living in the Wider World
Relationships			Community
Family	Friends	Intimate (KS3+ Only)	
<p>What makes a family?</p> <p>Fa1) Do Families always stay the same? Fa2) Are all families like mine? Fa3) How should we treat people who are different?</p>	<p>Keeping friendships healthy</p> <p>Fr1) What makes a good friend? Fr2) Are all friends the same? Fr3) Are friendships always fun?</p>	/	<p>Our Communities</p> <p>C1) How do we make the world fair? C2) Where do you feel like you belong? C3) How can we help the people around us?</p> <p>Online Safety</p> <p>Os1) Online strangers [P1] Os2) Sharing Online [P2] Os3) Friendship Online [S1] Os4) Personal Information [C2] Os5) Digital Media [N1] Os6) Verifying content and echo chambers [N3]</p> <p><i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>

Health and Wellbeing		
Mental Wellbeing	Physical Health	Growing up
<p>Understanding My Feelings</p> <p>M1) How do I manage my feelings? M2) Are we happy all the time?</p>	<p>Staying healthy</p> <p>P1) How do I keep my body healthy? P2) How do I get a healthy diet? P3) How do I stop getting ill?</p>	<p>Changes in my body</p> <p>G1) What is a period?</p>

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UKS2 RSHE Curriculum Sections Overview		
Relationships		Living in the Wider World
Family	Friends	Intimate
<p>What makes a family?</p> <p>Fa1) Why do some people get married? Fa2) Are families ever perfect? Fa3) Is there such a thing as a 'normal' family?</p>	<p>Keeping friendships healthy</p> <p>Fr1) What makes a close friend? Fr2) Can we be different and still be friends? Fr3) Should friends tell us what to do? Fr4) Why are some people unkind? Fr5) What are stereotypes? Fr6) How do I accept my friends for who they are?</p>	<p>Our Communities</p> <p>C1) What is prejudice? C2) What is the history of prejudice? C3) What should I do if I encounter prejudice? C4) How can I be a great citizen? C5a) Why is money important? C5b) How should I spend my money? C6) What makes us feel like we belong? C7) What does it mean to be British?</p> <p>Online Safety</p> <p>Os1) Control and consent [S1] Os2) Protecting our identity [P1] Os3) Meeting strangers online [P4] Os4) Personal Information, terms and conditions [C2] Os5) Analysing Digital Media [N1] Os6) Bias [N2] Os7) Echo Chambers [N5] Os8) Does the internet make us happy? [L1]</p> <p><i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>
		<p>KS3 and above only</p>

Health and Wellbeing		
Mental Wellbeing	Physical Health	Growing up
<p>Understanding My Feelings</p> <p>M1) Does everybody have the same feelings? M2) Should we be happy all the time? M3) Why do we argue? M4) Who am I?</p>	<p>Staying healthy</p> <p>P1) Is there such a thing as the perfect body? P2) How can I stay fit and healthy? P3) Can I avoid getting ill? P4) Why do some people take drugs? P5) Where should I get my health information? P6) How do I save a life?</p>	<p>Puberty</p> <p>G1) How will my body change as I get older? G2) How will my feelings change as I get older? G3) How will I stay clean during puberty? G4) What is Menstruation?</p> <p>Sexual reproduction</p> <p>Sx1) How do plants and animals reproduce? (Taught through science) (N.B. does not include sexual intercourse) Sx2) Optional lesson on sexual reproduction (N.B. Not statutory)</p>